This sample letter is for guidance only, as a prompt – please edit carefully and check that your activities and requirements are reflected as they may be different to other schools

Trip to Peak District Initial Letter

Dear Parent / Guardian,

Year ** Activity Camp 20*

The Group:

Location:

Instruction:

During the camp this is provided by the Trekking Company (more information at www.trekco.com). This is a well established company and you can be confident that the instruction is of the highest standard; we have been organising trips with the company for ** years now and have found them to be excellent. The company is fully licensed under the Young Persons' Safety Act for outdoor activity providers. All instructors are fully qualified in the activity which they are directly supervising and the school holds full details of these qualifications as well as having organised camps with the company for a number of years. The company is licensed under the Outdoor Adventure (Young Persons' Safety) Act, registered number R0043, details at <u>www.aala.org.uk</u> and the company is responsible for organising, running and managing the safety of all instructed activities.

Transport

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Year *** Camp ** 20**

Please reserve a place for my son/daughter on the Year ** Camp on ********(date)**. I enclose a cheque/cash for £40. I understand that this deposit is non-refundable.

Name of Student ______ Form _____

Name of Parent/ Guardian ______ Signature

Medical Details – please note that all of this information is essential Please fill in below where the person legally responsible for the student will be contactable during the time of the activity course: Name of parent/guardian:

Home Address:

Telephone: Code______ Number_____

Emergency Address and Telephone number (if different to above e.g. grandparents, aunt, work etc.):

Doctor's Name	
andAddress	
Doctor's Telephone Number	

National Health Number: Does your son/daughter suffer from asthma? YES/NO (Please ensure that your child has a spare inhaler and that it is clearly labelled and handed in to a member of staff) Does your son/daughter suffer from any known medical condition or phobias the school should know about?

To the best of your knowledge, has your son/daughter been in contact with any contagious or infectious diseases or suffered from anything in the last four weeks that might be contagious or infectious? YES/NO If YES, please give details:

Date of last tetanus injection:

Any known allergies (penicillin, plaster, insect bites etc.):

Prescribed medication to be taken: Which type of pain/flu medication your child may be given if necessary?

Dietary considerations (vegetarian etc.):

Swimming Standard (please circle): Weak / Competent (swims 50m in light clothing, front or back) Please indicate any other information below:

Please include all relevant information including symptoms, treatments and medication (if you are not sure, please tell us anyway) and remember that your son/daughter will be taking part in strenuous physical activities.

——————————————————— KIT LIST When packing please remember that the weather can be variable and choose equipment accordingly - it could be cold at night and rain is possible! WATERPROOF JACKET AND TROUSERS WARM OUTDOOR JACKET SLEEPING BAG (AND SLEEPING MAT; PILLOW IF REQUIRED); EXTRA BLANKET PLENTY OF ROUGH WARM CLOTHING E.G. LEGGINGS, TRACKSUIT BOTTOMS, JUMPERS, SHORTS, T SHIRTS - ENOUGH FOR THREE OR FOUR CHANGES SMALL AMOUNT OF SPENDING MONEY (£10 MAXIMUM) **TOWEL & WASHKIT** DRINK BOTTLE/FLASK TORCH AND BATTERIES **BINLINERS HAT AND GLOVES** THREE SPARE PAIRS OF ROUGH SHOES, BOOTS OR TRAINERS SMALL RUCSAC SUNBLOCK KNIFE, FORK, SPOON, PLATE, BOWL, MUG (UNBREAKABLE) SNACKS E.G. CHOCOLATE BARS ETC. FOR MINIBUS JOURNEY AND THE REST OF THE WEEK SWIMMING COSTUME WALKING BOOTS COMPLETE CHANGE OF CLOTHING (INCLUDING FOOTWEAR) FOR CANOEING – PLEASE **REMEMBER THAT THESE CLOTHES WILL BE WET & UNUSABLE AFTERWARDS** ANY MEDICATION E.G. INHALERS To *********************** beforehand please – named and in an envelope

NOTES: PUPILS SHOULD NOT BRING ANYTHING OF VALUE OR THAT COULD BE DAMAGED BY ROUGH WEAR OR DIRT – EXPENSIVE ITEMS ARE UNSUITABLE. PLEASE NOTE THAT SWEATSHIRTS ARE NOT JUMPERS – YOU NEED WOOLLEN OR 'FLEECE' JUMPERS