

GCSE PE with TrekCo

GCSE PE Rock Climbing

Information for Schools



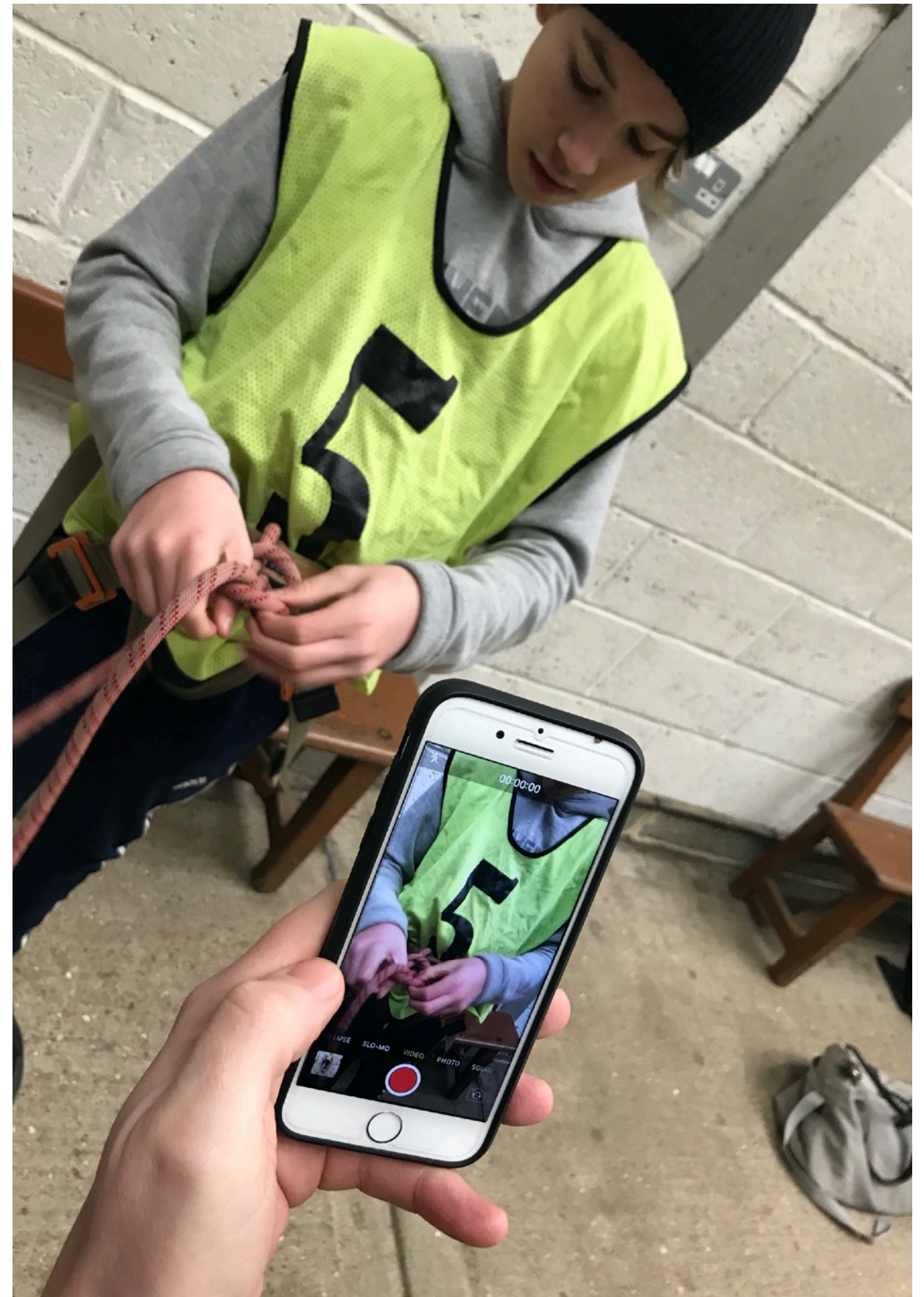
Your GCSE PE Course

GCSE PE courses in rock climbing are specifically designed courses, concentrating on delivering the specifications laid down by exam boards - whether AQA, Edexcel or OCR, we deliver exactly what is required.

Our GCSE PE Rock Climbing courses deliver exactly what your students need to maximise their chances of gaining good grades.

Tuition concentrates on the acquisition of skills and knowledge in rock climbing and incorporates staged tasks designed to fulfil exam board criteria.

We have had entirely positive feedback including comments from teachers telling us how pleased moderators were with the evidence supplied.



For more information or to book your dates, speak to us today – 01273 487509



The Basics

Students arrive at their location and take part in two days of intensive instruction.

Sessions will alternate between the local rocks, abseil tower and indoor climbing walls as needed and according to the weather and location.

During the course we develop skills in a progressive manner, ensuring that each student can gain evidence of their progress and that this can be recorded by accompanying teachers.

Students wear bibs for identification, and teaching staff can take video evidence - this is because you know who students are, there are no child protection issues if only teachers take footage, and you will then have the video evidence ready to go as soon as you return to school. It also means you're not paying for an extra instructor to take videos, so we keep costs down.

The course ends when we have achieved all of our goals - there's no strict time limit.



Your Course

First, choose your area and dates. TrekCo run GCSE PE courses in Sussex and the Peak District.

For many, the critical factor is the time of year you're able to come and time taken off of school.

Exam board requirements mean that you'll usually want to have completed your course by the end of March. Organising a course out of the outdoor pursuits high season has the advantage of much greater availability and flexibility of delivery; and it is also more cost effective. So if you can, book your course any time from after October half term up to March.

Although the location of your trip may be determined by distance, there are other factors to consider



Choosing your Location

Our base in Sussex has everything in one convenient location; especially good for schools in the London area and south-east

Sussex

- Indoor accommodation and camping
- Climbing wall
- Abseil tower
- Local rocks
- All at one location
- Near Gatwick, so a short drive from anywhere in the South-east



Stone Farm Rocks, Sussex

Choosing your Location

The Peak District is a stunning National Park and has some of the country's best climbing on amazing crags

The Peak District

- Indoor accommodation
- Several fantastic climbing walls
- Amazing rocks for climbing
- Great scenery
- Central location for many places
- You need your own minibus during the trip



Burbage Rocks, Peak District



The Foundry Climbing Wall, Sheffield

Equipment

What kit do students need?

We provide all group equipment, which includes:

- Harnesses, helmets
- All technical climbing gear
- Rock shoes as appropriate for the activity and venue
- Climbing wall entry fees if applicable

We don't supply:

- Video equipment or videoing of students

For day trips, students just need:

- Clothing appropriate for the weather, including waterproofs and warm clothing
- Loose clothes
- Trainers (not big boots please)



You don't need to bring everything with you...

- Lunch and drink

For residentials, they also need:

- Sleeping bag & pillow
- Overnight kit - washkit etc

Medical Issues - Before you come on a course we'll ask that you bring medical forms for each student.

Teaching staff are in sole charge of the pastoral care of students including health matters, but we need to know if any student has a serious condition which might affect their treatment or their activity; and any dietary requirements. Students who need to take regular medicines should be administered by teaching staff.

Pricing

We aim to be competitive; these are guideline prices so please contact us for an exact quote

Peak District and Sussex Courses 2020 and 2021

2 days, one night indoors, weekdays:

November - March £120
Specific GCSE weeks: £99
April - October £150

2 days, two nights indoors, weekends:

November - March £165
April - October £190

Day trips:

November - March £45
April - October £65

All prices exclude vat, which we must add but can be reclaimed by most schools.

Included - instruction, equipment

Residential option: accommodation, dinner Day 1, breakfast & lunch Day 2

Camping available May-September



About TrekCo

What do I need to know?

TrekCo have been established since 1989 and are one of the largest independent outdoor pursuits companies in the UK.

We have over 50 instructors in the summer and run courses in Sussex, the Peak District, the Lake District and the French Alps; and we have an expeditions company in Nepal, run from our Kathmandu office.

TrekCo are a licensed outdoor activity provider with the government - this is administered through the HSE and called Adventurous Activities Licensing Scheme. We've had a licence since they started in 1995.

We hold the Learning Outside the Classroom Badge - so you can be assured of the quality of delivery of our courses.

TrekCo have £10 million Public Liability cover - the maximum cover, and adequate for all education authority requirements.

The Trekking Company Ltd., Cranford House, Kingston Road, Lewes, BN7 3NB.

Tel: 01273 487509

email: info@trekco.com web: trekco.com



All instructors are highly qualified as you'd expect, and all instructors have an enhanced DBS check every 3 years.

Every instructor is First Aid qualified.

Most importantly staff are all incredibly friendly and experienced, and our aim is to make sure that students and staff have a great time, safely.

